

Our health care facility will **remain OPEN** as long as we are allowed to operate in accordance with all CDC, DOH, federal and local guidelines. At our office, we always have and will continue to sanitize tables and all surfaces and **continue to wash hands in between visits more diligently than ever**. We are mindful to maintain government regulations on social distancing. Additionally, the staff here has been instructed that if they come in contact with any person(s) infected or they, themselves, are not feeling well that they are not to come to work and are encouraged to get tested.

We have been proactive to ensure your health and safety. The first is proper sanitation and hand washing. In our office, we always make every effort to keep this office sanitized and clean. Each table and surface is sanitized / disinfected before and after each patient. We have also spent more time wiping down and disinfecting surface areas at the front desk, pens used to sign in, the chairs in the waiting room, door knobs, Etc.

It is important that if you are not feeling well and think you have come in contact with someone who has Covid-19 please follow up with your PCP

I have always believed that chiropractic care is vital for a healthy spine, promoting a healthy nervous system and since your nervous system controls your immune response it is important to keep those nerve pathways free and clear of neurological interferences that develop from life's daily routines. **Please know that it is important now, more than ever,** to maintain your spinal health, to ensure that your brain communicates with the rest of your body (every organ, cell, and tissue) the way it is supposed to. This will enable your body to maintain a resistance; chiropractic care is an integral part of your overall health.

We are committed to serving our practice members and community! We are here to – Give, Love, and Care for everyone we can to function at their utmost optimal level possible during this unprecedented series of events.

Yours in health,

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